## Nervous Exhaustion

**N**ERVOUS strain is telling upon the health of many of our people, resulting in nervous fatigue, nervous exhaustion, insomnia, and functional nervous disorders generally.

Nerve waste, like all tissue waste, can only be made up by nutrition. The difficulty in such conditions is that the nervous system, which plays such an important part in digestion and assimilation, is so disorganised that ordinary diet is not assimilated. The need, therefore, is some highly nutritious food, not too rich in proteid, and containing a good proportion of fat in a palatable and digestible form.

In Virol these conditions are perfectly fulfilled, and, what is more important, this preparation is so finely emulsified that it does not tax the digestion at all, and is assimilated in the weakest conditions. Small quantities of Virol taken between meals are rapidly absorbed and digested by the system, and the nervous balance is gradually restored, so that the patient will in a short while be able to assimilate ordinary diet.

Virolised Milk—a teaspoonful of Virol mixed with halfa-pint of warm (not hot) milk—is an ideal food for nervous exhaustion, and a tonic food for Nursing Mothers.

Used in 3,000 Hospitals and Child Welfares. IN JARS, 1/3, 2/- and 3/9. VIROL LIMITED, Hanger Lane, Ealing, London, W.5.



